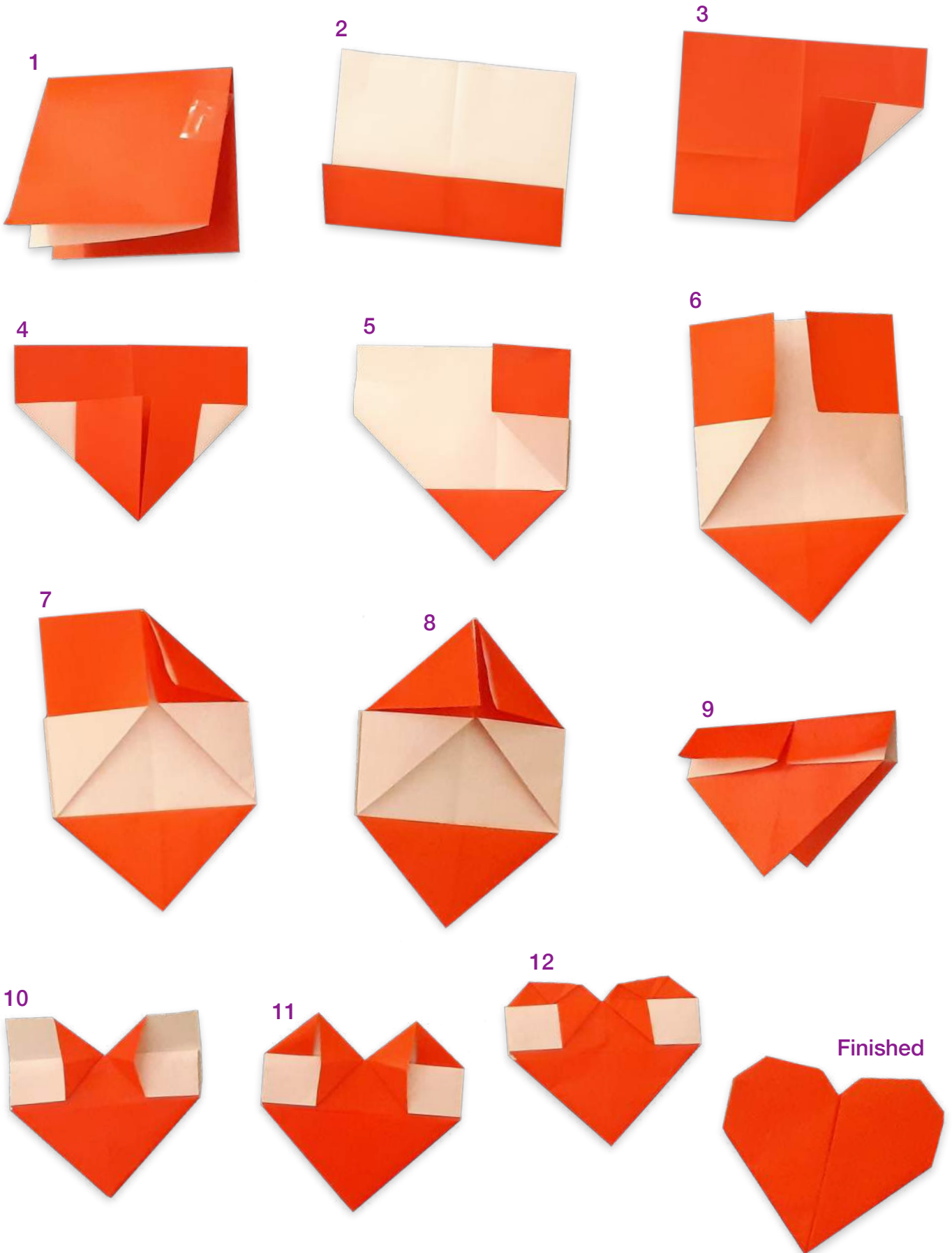




Community HEARTS – join the fold!



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How to Make a Pocket Heart

1. Fold paper in half and crease.
Open out and turn to fold in half again to make a cross shape.
Open out.
2. Fold the bottom of the paper to meet the centre fold and crease this fold.
Flip the paper over.
3. Fold the bottom right corner of the paper to the centre crease diagonally.
4. Fold the bottom left corner of the paper to the centre crease diagonally.
5. Fold the bottom and flip the paper over again.
There should be a small triangle visible at the bottom of your paper.
6. Fold the right side of the paper to the centre crease.
7. Then fold the left side of the paper to the centre crease as well.
8. Fold the top right corner to the centre crease diagonally and crease this fold.
9. Fold the top left corner to the centre crease diagonally as well and crease this fold.
Bring the top triangle down, to meet the bottom point of the heart and gently press the top edges of the heart flat.
Then insert it into the bottom triangle pocket gently.
10. Open the top edges of the heart and flatten the top section of the heart.
Fold the top left corner of the paper in diagonally to the side of the sideways triangle.
11. Fold the top right corner of the paper in diagonally to the side of the opposite sideways triangle.
12. Fold the top two points of the heart down slightly, tucking them underneath the fold, to finish your origami heart!